

SCHEDULE AT A GLANCE

TUESDAY, MAY 3, 2011

6:30am	Health Walk – Meet in hotel lobby
7:30-9:00am	Registration and Continental Breakfast (<i>included</i>) – 2 nd Floor
7:30-4:00pm	Exhibits and Community Resources – Salon E&F
8:30-9:45am	Opening Session – Keynote: Susan Wirth –Salon E&F
10:00-11:30am	Workshops
11:45-1:00pm	Lunch (<i>included</i>) - National Update from OHS: Robin Brocato, Health Program Specialist – Salon E&F
1:15-2:45pm	Workshops
3:00-4:30pm	Workshops
4:45-6:00pm	Regional Networking Sessions (<i>snacks provided</i>) – Bayside 1, 2, 3 Join us for Northern, Central & Southern CA networking sessions with fellow Health and Nutrition service managers, coordinators, specialists and advocates. We will learn about each other's programs, including the sharing of resources, contact information, success stories, as well as challenges with health/nutrition compliance and timelines.

WEDNESDAY, MAY 4, 2011

6:30am	Health Walk – Meet in hotel lobby
7:30-9:00am	Registration (Breakfast on your own) – 2 nd Floor
9:00-10:30am	Workshops
10:45–12:15am	Workshops
12:30-2:00pm	Closing Session & Lunch (<i>included</i>) - Salon E&F Introduction: Dr. Irene Hilton Region IX Oral Health Consultant, HS Dental Home Initiative Health Ambassador Award: 2011 Winner Dr. Paul Reggiardo Keynote: Ysabel Duron, Senior Weekend Anchor, KRON-4 TV

Workshops are located on the 1st and 2nd floor. Please refer to workshop schedule and hotel map for locations.

INSTITUTE KEYNOTE SPEAKERS & SPECIAL GUESTS

Susan Wirth, Nature Explore Outreach Director- Sponsored by
Opening Keynote, May 3



Susan currently serves as Nature Explore Outreach Director for the Arbor Day Foundation and Dimensions Educational Research Foundation. Her work focuses on the collaborative Nature Explore program to help reconnect young children with the natural world. She has spoken and authored articles nationally on the subject including feature articles in Head Start's Children and Families magazine. She heads the Early Childhood and Environmental Education committee for the North American Association for Environmental Education (NAAEE) and was part of the NAAEE writing team that wrote the nationally accepted Early Childhood Environmental Education Programs: Guidelines for Excellence.

In her 24 years with the Arbor Day Foundation, Susan has served as Education Director and been involved with the design and development of many interpretive and interactive environmental education experiences at the Arbor Day Farm national education center.

Robin Brocato, Senior Health Program Specialist, Office of Head Start
Lunch Speaker, May 3

Robin Brocato has worked for the Office of Head Start (OHS) as the Senior Health Program Specialist since 1991. Her responsibilities include policy development and interpretation, technical assistance, resource development, and interagency collaboration. She has participated in OHS workgroups on the revision of the Head Start Program Performance Standards and guidance, and the on-site program monitoring system. As the OHS health content lead, she has worked on a variety of health issues affecting Head Start and Early Head Start children and families, including immunizations, access to health care, well child care, Medicaid, health record keeping, nutrition, tobacco exposure and cessation, health literacy, environmental health and safety, oral health, and emergency preparedness.

Previously, she worked in the Office of Research and Demonstrations, Health Care Financing Administration, as a project officer for various Medicare and Medicaid national demonstration and evaluation projects. Ms. Brocato began her career in Head Start as the Health and Social Services Coordinator for the National Migrant Head Start Resource Center.



Ysabel Duron, Senior Weekend Anchor, KRON-4 TV
Closing Keynote, May 4

Ysabel Duron is an award-winning journalist who celebrated 40 years in television news broadcasting this past September. In June 2009 she was inducted into the National Association of Hispanic Journalist's Hall of Fame. The senior anchor of the KRON 4 Weekend Morning News in San Francisco for the past 20 years, Duron was one of the first Latinas to work in mainstream television. She received the President's Award from the National Association of Hispanic Journalists in 2006 for her journalism and community work around issues of cancer

TUESDAY May 3: 10:00 – 11:30am

Medication Administration Panel

*Judith Kunitz, Health Services Manager, YMCA EC Services
Jenifer Lipman, LACOE Head Start -- State Preschool*

This panel presentation will cover the complex topic of medication administration in childcare including staff training, administration of medication by childcare staff, medication storage and required paperwork. The panel will include representatives from Head Start, California Childcare Health Program, California Childcare Law Center and Community Care Licensing.

LOCATION: Salon I/J

How to Protect Children from Everyday Environmental Toxins in Your Head Start Agency

*Phil Boise, Owner/Consultant GreenCare for Life, Inc.
Walker Dearth CAC of Santa Barbara County, HS & EHS*

This session will feature practical experiences from the GGRS author and from Santa Barbara County Head Start/EHS, which serves 1,400 children annually at 36 sites across 4,000 square miles--from urban, suburban to rural, from farming, to industrial, to densely populated low-income communities. Discover how planners, Head Start staff members and a community can promote simple and measurable steps towards improved environmental health and stewardship. Come learn about the (Central Coast APA Award Winner) GreenCare for Children program, and the Go Green Rating Scale for Early Childhood Settings (GGRS).

LOCATION: Bayside 1

"Calgon Take Me Away!" Maintaining Excellence Under Pressure

*Nicole Smith, Early Childhood/Health Education, Trainer/Speaker
Victorious Visions*

This presentation is designed to teach participants to view stress factors in their lives in a new way. This session will be interactive and include group discussions along with stress relieving laughter activities.

LOCATION: Bayside 3

Growing Up Wild, Exploring Nature with Young Children

Bobbie Winn, Education Specialist, CA Dept. of Fish and Game
Growing Up WILD, Exploring Nature with Young Children, ages 3-7, builds on a child's sense of wonder about nature and invites them to explore wildlife and the world around them. Through a wide range of activities and experiences, Growing Up WILD provides an early foundation for developing positive impressions about nature and lifelong social and academic skills. This workshop will be a hands-on interactive learning opportunity using the guide and learning how Head Start Domains and NAEYC standards were incorporated into this program. Participants will receive a copy of the Growing Up WILD guide.

LOCATION: Salon B

Strategies for Obtaining Head Start Mandated Vision and Hearing Screenings for Difficult to Test and Special Needs Students

*JoAnn Housman, RN,JD, Head Start Health Coordinator, SMMUSD
Head Start*

Vision and hearing is a yearly Head Start mandated screening. What do you do with the very difficult or special needs child when traditional testing methods will not work? This workshop will present ways to tackle the problem by addressing strategies to help assess hearing and vision for the difficult to test and special needs child.

LOCATION: Salon A

New Beverage and Nutrition Standards for Child Care and What it Means to You

*Nicola Edwards, Nutrition Policy Advocate, California Food Policy
Advocate*

On September 30, 2010, the Governor signed AB 2084 (Healthy Beverages in Child Care) into law. In 2010, The Institute of Medicine developed new nutritional recommendations for child care that more closely match the Dietary Guidelines for Americans. This presentation will discuss what these new requirements will mean to your agency.

LOCATION: Salon G/H

A Guide to Developing a Health Record Keeping Procedure and Policy

*Yeheyies (Icy) Tekleselassie, MIS Manager, San Francisco State
University - Head Start Program*

This workshop will provide methods on how to use the PIR data as benchmarking for health services and will enable the participants to link the data to desktop monitoring. Desktop monitoring is a practical approach for the health team to monitor the missing health requirements and follow-up on referrals and treatments. This workshop will provide a practical approach on how to develop a data collection procedure, flow charts and timeline. Resources will be provided to participants on templates procedures, flow charts and timeline and PIR Health services reports. At the end of this workshop, participants will learn how to redefine their record keeping process and align the outcome to monitoring functions and compliance to include outcomes.

LOCATION: Bayside 2

Food, Facts, and Family Fun Nights

*Jennifer Torres, Enrollment Coordinator, Northern California Child
Development, Inc.*

Michael Lindsey, Northern California Child Development, Inc.
Food Facts, and Family Fun Nights is a family nutrition program designed from the bottom up including program design to grant writing to implementation and maintenance. This innovative, family friendly in house program supports and incorporates the ideas of family budgeting for healthy foods, meal planning, and fun physical activities that can be done anywhere.

LOCATION: Salon C/D

TUESDAY May 3: 1:15 – 2:45pm

Autism: Another Piece of the Puzzle

Sharon O'Neil, Education Specialist, Brandman University

This presentation will provide an insight into what it is like to "walk in the shoes" of a person with autism. It will also provide information, support and strategies for school and at home for families and educators working with this wonderful population on a day to day basis. The presenter is able to give an informational and realistic portrayal of the realities of autism from the perspective of an educator as well as from the perspective of a parent who raised a son with moderate/severe autism.

LOCATION: Salon C/D

Strategies for Successful Implementation of Early Childhood Mental Health Services and Social Emotional Learning Programs at HS & EHS

Annie Bailey, M.S., LMFT, Mental Health Manager, Contra Costa
Lora Groppetti, LMFT, Contra Costa County
Olivia Barcnas, Contra Costa County

This session will provide an overview of how Contra Costa County Community Services Bureau Head Start delivers direct mental health services to children 0-5 years old and their families; and provides a comprehensive approach to supporting the social and emotional development of the Head Start/Early Head Start community. By forming inter and intra-agency collaborations and partnerships with parents and program staff multidisciplinary teams, the mental health team ensures that key stakeholders are involved in program design, delivery and decision making that directly impact child and family outcomes. Particular attention is paid to designing programs that respond to community assessment, parent surveys and identified critical needs and concerns.

LOCATION: Salon I/J

WIC and the New Food Package: Applications for Head Start

Denise Chapel RD, California WIC
Jackie Boyle, California-WIC

This workshop will provide an overview of how the new WIC food package will be summarized. The presentation will center on findings from recent food package consumer surveys and present useful applications for early childhood service agencies.

LOCATION: Salon G/H

WIC Worksite Wellness - Making it Real

Karen Farley, Program Manager, California WIC Association
Annika Imelli, San Mateo County WIC

WIC Worksite Wellness is a statewide wellness initiative created for California's 3,500 dedicated frontline employees. Aligning the California WIC working environment with the nutrition and health messages that WIC staff share with over a million WIC families every year, this comprehensive wellness program will focus on workplace policies that build a culture to promote and support lifelong healthy habits.

LOCATION: Bayside 3

What Do We Tell the Children?

Doreen Fischer, Mental Health Coordinator, Fresno County EOC Head Start Preschool

When unexpected loss occurs, how much do young children really understand? This workshop will focus on grief and loss and how we can help young children, as well as their families and caregivers, deal with their feelings. Participants will get a preview of the FCEOC Head Start's newly developed "Children's Grief and Loss Support Kit."

LOCATION: Salon B

Supporting the Integration of Outdoor Activities and Nature in the Classroom

Silvia Cane-Galvis, Child Care Coordinator, Child Action, Inc.

There is so much talk about outdoor activities and the importance of the inclusion of nature in the classrooms but, how can this be accomplished by early childhood educators? This workshop will talk about the developmental skills that children age three to five can acquire via inclusion of nature and outdoor activities. Hands-on activities and examples will be given to the participants.

LOCATION: Bayside 1

Healthy Environments that Keep Children Safe from Pests and Pesticides

Bobbie Rose, RN, Consultant, CA Childcare Health Program
Judith Kunitz, Albany Berkeley YMCA Head Start

A healthy environment for child care is clean and free from pests like insects and rodents. It is also free from environmental toxins such as pesticides. Integrated Pest Management (IPM) is a common-sense, environmentally friendly approach to managing pests while reducing the use of harmful pesticides. IPM programs focus on preventing pest problems by getting rid of the food, water and shelter that pests need to survive. When pest management is needed, IPM uses a combination of common-sense, least-harmful practices. This workshop will focus on how to use IPM to keep pests out, manage pest problems, use least-harmful practices and eliminate the use of the most toxic pesticides.

LOCATION: Salon A

Health Requirements 101: Understanding the EPSDT Schedule and Developing Strategies for Tracking and Monitoring - 0-3 EHS

Kristen Smith, Health Consultant, KS Consulting

The purpose of this presentation is to assist Early Head Start health staff evaluate if their program is meeting the health performance standards and providing quality services. Participants will have a greater understanding of their state EPSDT schedule and will acquire tools and strategies to effectively track and monitor the health requirements and follow up for children at risk. Participants will have an opportunity to discuss their challenges and share strategies to effectively track and monitor their program's health data.

LOCATION: Bayside 2

TUESDAY May 3: 3:00 – 4:30pm

Monitoring Health Service using ChildPlus.net!

Michelle Kiphut, Training Specialist, ChildPlus Software

This training will familiarize users with the navigation of ChildPlus.net and how to use it to quickly and easily to compile health related program information and generate meaningful data necessary for reporting. Additionally, it will demonstrate how the Organizer generates needed information from participant records to assist with health services provided to participants. Finally, see the big picture and overall program performance by using the Dashboard.

LOCATION: Bayside 3

Brain Development & How Yoga Can Positively Influence Children's Behavior

Marilyn Leonard, Mental Health Coordinator, Community Action Partnership of San Luis Obispo Co

Diane Rhodes, Community Action Partnership of San Luis Obispo Co

This workshop will help participants understand how parts of the brain control senses and motor functions. Participants will understand how focused controlled movement - like yoga - affects the brain. Participants will have an experiential understanding of slow purposeful movement and yoga activities.

LOCATION: Salon C/D

An Introduction to The TABLE Project, an Office of Head Start Innovation and Improvement Grant

Cristina Aguilar, TABLE Project Director, Community Development Institute

Lois Jorgenson, Community Development Institute

This presentation will give an overview of all materials created for the TABLE project exclusively for Head Start and Early Head Start programs for Family Style Dining implementation and CACFP recordkeeping. The materials for the TABLE Project will be explained and the participants will have the opportunity to use the manual/hands-on recordkeeping system so that they can see how easy it is to set up and use on a monthly and yearly basis. In addition, a DVD developed for the project called TABLE TALK displaying best practices in Family Style Dining will be shown.

LOCATION: Salon A

In the Grow - How Gardening and Growing Food is Important to Preschool Families

Marcella Gonsalves, MPH Health Education Council

Many low-income preschool families are faced with food insecurity and the challenge of making healthy nutrition choices on limited budgets. Teaching children and families where food comes from and getting them involved with growing it can help families eat better, be healthier and prevent obesity. This workshop will discuss the importance of growing local food, provide examples of how this has been done with a local program in West Sacramento called In the Grow and give educators ideas about how to incorporate gardening and growing food into their centers.

LOCATION: Bayside 1

W.A.L.K. the Talk: Creating a Culture of Wellness in Your Organization

Danee Jones-Mitchell, Training & Technical Assistance Specialist, Los Angeles County Office of Education, HS State Preschool

From the First Lady's "Let's Move" campaign to reality television, health and wellness continues to be a hot topic in our nation. Organizations are beginning to realize that workplace wellness programs transform organizational culture and change lives. Using the principle of a "Healthy Walk" (Work, Awareness, Lifestyle, Knowledge), LACOE Head Start has created a wellness program that supports healthy organizational action and encourages individual accountability. Throughout this workshop, participants will 1) learn how to start an engaging worksite wellness program; 2) discuss the benefits of creating a culture of wellness; and 3) explore simple worksite health promotions including "The Seven Habits of Healthy Meetings."

LOCATION: Salon I/J

Assessing, Improving and Maintaining Indoor Air Quality and Cleaning Practices at Head Start Child Care Programs

Scott Kessler, Programs Manager, California Dept. of Public Health/California Breathing

Jacque Komplin, Child Start, Inc.

Kevyn Odenbach, Shasta County HS Child Development, Inc.

Ensuring the health and well-being of children and staff at Head Start and Early Head Start center-based programs requires achieving and maintaining indoor air quality, reducing asthma triggers and using healthy, non-toxic cleaning practices. This presentation will outline steps that can be taken to educate staff, parents and other caregivers to achieve the healthiest possible child care and home environments. Attendees will learn to assess indoor air quality, reduce asthma triggers, effectively use bleach and other cleaning agents, and maintain healthy indoor environments.

LOCATION: Salon G/H

Breastfeeding - Providing the Support Mothers Need

Leslie Kaye, MS, RD, CLE PHNC III, Supervisor, WIC Division, CDPH

Jackie Kampp, MSN, RN, PHN, CLC, WIC Division, CDPH

In this session, participants will learn the basic steps to support breastfeeding mothers. This will include common issues mothers encounter after delivery. In addition, participants will learn what support is provided to Head Start breastfeeding mothers who qualify for WIC.

LOCATION: Bayside 2

Outline to Create the Best Plan to Serve Homeless Children and Families through Preschool Services

Delila A. Vasquez, Program Services Director, Los Angeles Universal Preschool

This workshop will answer frequently asked questions and show how to create boundaries to best serve families in dire need. Find out what health specialists can do to facilitate record keeping, grooming and vaccinating to promote enrollment and attendance. Learn to identifying the key supporters for homeless families.

LOCATION: Salon B

WEDNESDAY May 4: 9:00 – 10:30am

Postpartum Depression: A Family Affair

Rebecca Votaw, Early Childhood Education Specialist, CA State TTA
Research shows that not only women suffer from Postpartum Depression (PPD), signs of paternal depression can develop as well. When PPD goes untreated, there can be divesting emotional effects on the infant with poor overall developmental outcomes. In this session, we look at how PPD can affect the entire family, what the differences are between Baby Blues and PPD and what are the pro-active steps that can be taken to support families who maybe experiencing PPD and paternal depression.

LOCATION: Salon C/D

Building Outdoor Learning Environments for Head Start - How to Stay True to the Philosophy While Still Meeting State Guidelines for Playgrounds

Mark Baker, Vice President, Sales & Design, PD Play
This workshop will provide the tools and understanding to design and build an Outdoor Learning Environment that incorporates nature into Head Start play spaces. Attendees will learn useful tips, advice and examples to immediately begin transforming play spaces into Outdoor Learning Environments where children will get an exciting, hands-on, deeply engaging play space to discover, create, imagine, contemplate, explore, be active and learn. This workshop is for anyone who has a desire to incorporate the Outdoor Learning Environment philosophy into their play space.

LOCATION: Salon I/J

Health Requirements 101: Understanding the EPSDT Schedule and Developing Strategies for Tracking and Monitoring - 3-5 Head Start

Kristen Smith, Health Consultant KS Consulting
The purpose of this presentation is to assist Head Start health staff evaluate if their program is meeting the health performance standards and providing quality services. Participants will have a greater understanding of their state EPSDT schedule and will acquire tools and strategies to effectively track and monitor the health requirements and follow up for children at risk. Participants will have an opportunity to discuss their challenges and share strategies to effectively track and monitor their program's health data.

LOCATION: Bayside 2

Don't Guess, Be Sure - Poison Preparedness and Prevention by the California Poison Control System

Kristina Hamm, Health Education Program Coordinator, UCSF-CA Poison Control System

This workshop will address poison preparedness methods to keep kids and families safe. Learn how to identify poisonous items in the classroom and how to prevent common poisonings. Poisonings are the second leading cause of unintentional injury and death in children 0-5. Be prepared and learn to utilize the many resources available for poison prevention.

LOCATION: Salon B

Nutrition Building Blocks - The IMIL Way!

Patricia Kimbrell, Educational Consultant, CSU – San Diego
Come discover how moving and learning can enhance nutrition lessons in the classroom every day. This session will share nutritional messages and active strategies that will engage Head Start children and families based upon the national childhood obesity prevention initiative, "I Am Moving, I Am Learning." Learn about 8 Simple Rules to Build Healthy Food Habits and how to Crave Your F.A.V. (Fruits and Vegetables). Come prepared to move to lively songs.

LOCATION: Salon G/H

Consequences of Secure vs. Insecure Attachment Through the Lifespan

Ronald Mah, Licensed Marriage & Family Therapist, Consultant, Author
Participants will learn about the development of attachment styles and the consequences of secure vs. insecure on childhood development, learning, social interactions, and also with adolescent and adult prospects and relationships. The framing question of "Why do you pick up a baby who is crying?" will create participation from attendees. Specific discussion of the "Cry It Out" method to crying babies as related to validation, security, and self-esteem development throughout childhood will be included.

LOCATION: Bayside 3

Head Start for Oral Health: A Community Collaboration Working to Improve Oral Health Access and Treatment Outcomes for HS Children

Marcy Spaulding, MS, RN, PHN, San Francisco Head Start
Eric Smith, Native American Health Center, San Francisco
Carolyn Brown, Native American Health Center, San Francisco
Head Start for Oral Health is a collaboration between San Francisco HS/EHS and the Native American Health Center's pediatric dental program in San Francisco. This portable dental chair program brings dentists into the Head Start center to: assess oral health care needs; provide preventive care; and provide treatment and/or link to care. The purpose of this workshop is to: inform participants about the program and how it came about; discuss the results so far; discuss ideas for future directions

LOCATION: Salon A

Implementing a Wellness Program and Promoting Health and Nutrition to Parents, Students and Staff

Elsie Szeto, Nutrition Manager, Child, Family and Community Services, Inc.

Safia Alocozy, Child, Family and Community Services, Inc.
The Health and Nutrition Managers will describe how a wellness program is implemented to get staff and family members involved. This workshop will help participants to learn how one nutritionist presents parent meetings on eating healthy using the plate method and restaurant menus; cooking classroom activities for staff and students to promote healthy eating with fresh fruits and vegetables; and create cookbooks using family and staff favorite recipes and modifying them to be healthier.

LOCATION: Bayside 1

WEDNESDAY May 4: 10:45 – 12:15pm

A Panel Presentation: Hearing and Vision Screening Resources

Cris Cochran, Health and Management Systems Consultant

Juanita Morales, Through the Looking Glass

Jenifer Lipman, Health Specialist, LACOE Head Start

April Nakayoshi, Program Director, Prevent Blindness Northern California

Nadia Thind, Program Coordinator, Prevent Blindness Northern California

Mary O'Reilly, CHDP Nurse Consultant

Community Health Partners and Head Start Programs come together in a panel format to share resources and strategies for providing or obtaining hearing and vision screenings. Learn "what's out there" to assist programs in completing the screenings within the short 45 day deadline. Both the preschool-age objective screenings and the subjective infant/toddler screenings will be discussed. Presenters will cover what to do when a child is uncooperative or needs a referral for follow-up care.

LOCATION: Bayside 2

Be Green, Think Eco-Healthy

Sentorya Dixon, Assistant Director of Program Services, Kedron Community Health Center, Inc.

Participants will learn to provide an environmentally-healthy, low toxic child care setting by making environmentally healthy choices. Information and tips will be provided on everything from pesticide-free pest control to avoiding toxic flame retardants. A special focus will be on creating natural playscapes and gardens.

LOCATION: Salon A

Following Up with Follow-Up - Encouraging Parents to Stay Involved in the Health Needs of Their Children

Belva Horton, Health Coordinator, Lake Elsiore USD, Head Start

This workshop will provide Head Start staff with ideas to encourage and help parents follow up with health needs. Techniques on obtaining staff support in working with parents to complete needed treatment for their children and for staff to understand their importance in this process and the health aspect of the program. Walk-through of keeping track of progress made in each case. Also included will be an opportunity to network with other health workers about what works and what needs we have in common. Documentation of follow-up will become second nature!

LOCATION: Bayside 1

Eat, Play, Grow! Developing a Healthy Child

Patricia Kimbrell, Educational Consultant, CSU San Diego

Early childhood is a wonderful opportunity to develop healthy preferences during the formative years of a child. This session will actively involve movement as participants discover creative techniques to integrate nutrition messages throughout their day. Nutrition concepts will be linked to the new Head Start Child Development and Early Learning Framework. Participants will learn practical, fun activities that will help to develop the whole child.

LOCATION: Salon G/H

Family Dynamics and Emotional & Mental Health Affecting Children & Staff

Ronald Mah, Licensed Marriage & Family Therapist, Consultant, Author
This workshop will discuss dynamics of the family systems--healthy and dysfunctional--relative to children's readiness to attach and learn. The classroom and the workplace are also compared and contrasted to family dynamics in other ways to foster greater understanding and health in all areas. Addressed are the family members' (or staff's) emotional and psychological needs as part of the family (or "classroom or workplace family"). Focus is on creating practical understanding of both the intrapersonal (you), the interpersonal (others), and the system issues that can lead to tension, stress, frustration, and eventually, moral problems, low productivity, and dysfunction in the family, classroom, agency, program, or workplace.

LOCATION: Bayside 3

Healthy Playgrounds, Healthy Children: Monitoring for Playground Safety in the HS/ EHS Setting

JoLene Mittelsteadt, Head Start Health Specialist, Los Angeles County Office of Education

Susan Cha, Los Angeles County Office of Education

Workshop participants will learn about techniques and strategies for monitoring the safety of outdoor playgrounds for children birth to age 5. Topics covered will include fall surfaces, entrapment and entanglement hazards, medications on the playground, care and supervision on the playground, and special considerations for playgrounds at Family Child Care Centers. Participants will receive samples and tools for developing a playground safety checklist, as well as a list of resources relating to playground safety.

LOCATION: Salon I/J

Farm to Preschool: Know Your Farmer, Know Your Food!

Kristine Smith, Director of Nutrition Services, Neighborhood House Association

Learn how Farm to Preschool can inspire Head Start children to establish life-long healthy eating behaviors and how to get involved. Engage in a vibrant discussion on how and why providing made-from-scratch meals is important and how to come in under budget. Give children a healthy Head Start - attend this workshop to find out how!

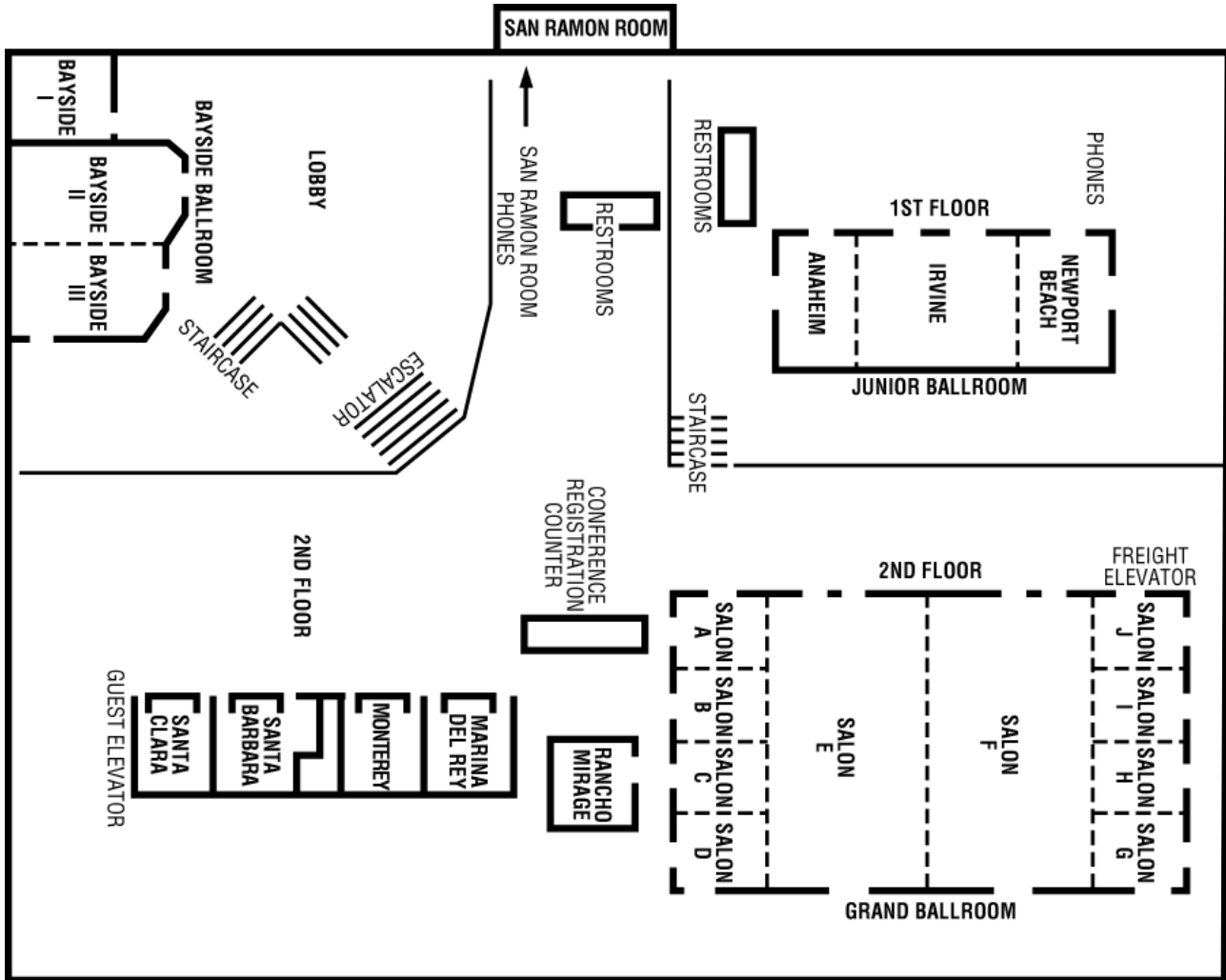
LOCATION: Salon B

Safety and Sanitation: Do You Have a HACCP Program in Place to Keep Your Food Safe?

Elsie Szeto, Nutrition Manager, Child, Family and Community Services, Inc.

This workshop will cover food safety and sanitation using the HACCP principles, a management system in which food safety is addressed through the analysis and control of biological, chemical and physical hazards. Discussion will include having in place Standard of Operations (SOP), Record Keeping, and Food Safety Program Worksheets to keep food safe. Sample forms will be available.

LOCATION: Salon C/D



SAVE THE DATE!

CHSA Policy and Leadership Conference

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San Diego, CA



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EXHIBITORS & COMMUNITY RESOURCES

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Congratulations!

2011 CHSA ANNUAL HEALTH AMBASSADOR AWARD WINNER

DR. PAUL REGGIARDO

Paul Reggiardo, DDS, is the Public Policy Advocate for the California Society of Pediatric Dentistry. From January 2008 to December 2010 he served as the Region IX Oral Health Consultant to Head Start. He practices pediatric dentistry in Huntington Beach, California, and holds a faculty appointment as Assistant Clinical Professor in Postdoctoral Pediatric Dental Residency Training at the University of Southern California. He is a past president of the American Academy of Pediatric Dentistry (AAPD) and the California Society of Pediatric Dentistry (CSPD). He currently serves as chair of the AAPD Council on Dental Benefit Programs and is a consultant to the Policy Development Council of the California Dental Association. He represents the AAPD on the American Dental Association's Subcommittee on Dental Informatics and the ADA Editorial Panel for the Development and Maintenance of the Systematized Nomenclature of Dentistry.



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Health & Nutrition
Section - page 242

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About CHSA

WORKING YEAR ROUND FOR YOU!

California is the largest community of Head Start, Early Head Start, Migrant and Tribal Head Start programs in the United States. California's total Head Start funded enrollment for FY 10 was 108,158. The California Head Start Association works to provide individual and agency members with a variety of services and resources. CHSA maintains a staff of five in Sacramento, downtown near the State Capitol.

Advocacy & Government Relations

As an active member of the national Head Start and early childhood education community, CHSA works with a number of organizations to bring voice to the needs of young children and families living in poverty. CHSA provides communication to member agencies and the field on changes in both Sacramento and Washington, DC. CHSA leads delegations to NHTA's Leadership Institute in our nation's Capitol to educate California's Congressional members. CHSA supports California based advocacy efforts to expand access and increase the quality of services to our families.

Professional Development

Increasing the capacity of our agencies and the staff who provide services is a fundamental objective of CHSA. From our annual Conference (Parent and Education) to Health Institute and Director & Manager Institute we host over 2000 individuals in a typical year. Each professional development event is a blend of unique training to maintain high quality. CHSA works closely with a number of partners including California Department of Education, the National Head Start Association and the Region IX Head Start Association.

Membership Services

Representing the interest of a broad and dynamic community, CHSA seeks to provide services of value to advance our shared mission.

Our web site supports a number of resources as well as an electronic newsletter, *Update* on issues related to Head Start.

JobsatHeadStart.org offers a wide range of employment opportunities, links to member agency employment sites and more. The goal of this site is to support employee recruitment, Head Start career information and related issues. Most recently, CHSA has renewed its Garden Grant Program for member agencies.

Membership: In California over 74% of the Head Start funded programs (grantee and delegates) are dues paying members of the association. Dues provide CHSA with 18% of its annual income. The balance comes from conferences, grants, services, corporate partners and donations.

CHSA Staff

- Rick Mockler, Executive Director
- Paula Carrino, Communications Coordinator
- Christina Hake, Manager of Events & Corporate Relations
- Sala Chidambaram, Operations & Accounting Coordinator



CHSA Board of Directors